

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012

Results

Event 1 Women 18-24 500 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Dorko, Allison J	24	Unattached	6:29.00	6:16.96
	33.88	1:10.89 (37.01)	1:48.35 (37.46)	2:26.14 (37.79)
	3:05.36 (39.22)	3:44.06 (38.70)	4:22.85 (38.79)	5:01.58 (38.73)
	5:39.79 (38.21)	6:16.96 (37.17)		

Event 1 Women 40-44 500 Yard Freestyle

1 Knight, Susan	41	Maine Swim Club	6:10.00	6:04.68
	33.62	1:10.48 (36.86)	1:47.55 (37.07)	2:24.39 (36.84)
	3:00.45 (36.06)	3:36.81 (36.36)	4:13.40 (36.59)	4:50.26 (36.86)
	5:27.80 (37.54)	6:04.68 (36.88)		

Event 1 Women 45-49 500 Yard Freestyle

1 Krusinski, Laura	47	Unattached	10:50.00	9:48.03
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Event 1 Women 50-54 500 Yard Freestyle

1 Estabrook, Mary B	50	Maine Swim Club	6:30.00	6:38.41
	34.99	1:13.12 (38.13)	1:52.41 (39.29)	2:32.43 (40.02)
	3:13.42 (40.99)	3:54.95 (41.53)	4:36.11 (41.16)	5:17.13 (41.02)
	5:58.77 (41.64)	6:38.41 (39.64)		

Event 1 Women 55-59 500 Yard Freestyle

1 Shissler, Debra	57	Maine Swim Club	15:00.00	9:37.91
	50.94	1:46.85 (55.91)	2:43.35 (56.50)	3:40.60 (57.25)
	4:38.28 (57.68)	5:37.66 (59.38)	6:37.89 (1:00.23)	7:38.68 (1:00.79)
	8:38.77 (1:00.09)	9:37.91 (59.14)		

Event 1 Women 60-64 500 Yard Freestyle

1 Panayotoff, Kristi	63	Maine Swim Club	8:45.00	9:23.02
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Event 1 Women 75-79 500 Yard Freestyle

1 Kamphausen, Ronnie	77	Maine Swim Club	8:30.00	8:21.26
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Event 1 Men 30-34 500 Yard Freestyle

1 Nguyen, Son M	32	Maine Swim Club	7:59.00	6:33.96
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Event 1 Men 35-39 500 Yard Freestyle

1 Sisson, Chad	38	Unattached	8:00.00	7:42.93
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Event 1 Men 40-44 500 Yard Freestyle

1 Walton, David	44	Maine Swim Club	7:28.42	7:36.88
	39.84	1:22.72 (42.88)	2:08.40 (45.68)	2:54.80 (46.40)
	3:41.72 (46.92)	4:28.34 (46.62)	5:14.75 (46.41)	6:02.88 (48.13)
	6:51.12 (48.24)	7:36.88 (45.76)		

Event 1 Men 45-49 500 Yard Freestyle

1 Goodhue, Greg	46	Unattached	7:30.00	7:15.55
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Event 1 Men 50-54 500 Yard Freestyle

1 McEachern, Steven	51	Maine Swim Club	NT	10:02.84
	48.00	1:47.16 (59.16)	2:48.07 (1:00.91)	3:49.39 (1:01.32)
	4:50.52 (1:01.13)	5:53.24 (1:02.72)	6:55.93 (1:02.69)	7:58.79 (1:02.86)
	9:02.80 (1:04.01)	10:02.84 (1:00.04)		

Event 1 Men 55-59 500 Yard Freestyle

1 Darling, Drew	59	Maine Swim Club	6:50.00	6:59.71
	37.87	1:19.00 (41.13)	2:01.52 (42.52)	2:44.35 (42.83)
	3:27.51 (43.16)	4:09.67 (42.16)	4:51.55 (41.88)	5:33.35 (41.80)
	5:49.68 (16.33)	6:59.71 (1:10.03)		

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****(Event 1 Men 55-59 500 Yard Freestyle)**

2	Ball, Steve	57	Maine Swim Club	NT	7:27.81
	35.51	1:16.84 (41.33)	2:01.48 (44.64)		
	4:16.53 ()	5:01.75 (45.22)	5:46.54 (44.79)	7:12.83 (1:26.29)	
	7:27.81 (14.98)				

Event 1 Men 70-74 500 Yard Freestyle

1	Jones II, William	74	Maine Swim Club	8:15.00	8:53.40
2	Greg, Charlie	74	Unattached	10:55.00	10:08.95

Event 2 Men 25-29 25 Yard Backstroke

1	Szela, Phillip	26	Unattached	13.00	13.80
2	St Cyr, Benjamin	27	Maine Swim Club	13.00	14.28
3	Gray, Zachery	28	Unattached	14.90	16.95

Event 2 Men 30-34 25 Yard Backstroke

1	Hadam, Geoffrey M	31	Unattached	13.59	13.58
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Event 2 Men 65-69 25 Yard Backstroke

1	Bangs, Glen	65	Maine Swim Club	19.11	21.60
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Event 2 Men 80-84 25 Yard Backstroke

1	Reeve, William F	80	Maine Swim Club	32.00	23.61
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Event 3 Women 25-29 200 Yard Backstroke

1	Stanilova, Tsveta	26	Maine Swim Club	2:37.50	2:39.09
	36.67	1:16.17 (39.50)	1:57.99 (41.82)	2:39.09 (41.10)	

Event 3 Women 50-54 200 Yard Backstroke

1	Uecker, Anne	51	Maine Swim Club	2:40.00	2:40.19
	36.85	1:16.51 (39.66)	1:58.24 (41.73)	2:40.19 (41.95)	

Event 3 Men 45-49 200 Yard Backstroke

1	Pride, Douglas M	48	Maine Swim Club	2:15.00	2:09.30
	30.85	1:03.43 (32.58)	1:36.15 (32.72)	2:09.30 (33.15)	
2	Schmidt, Michael	49	Maine Swim Club	2:20.00	2:16.82
	31.96	1:05.96 (34.00)	1:41.04 (35.08)	2:16.82 (35.78)	

Event 3 Men 70-74 200 Yard Backstroke

1	Giustra, Peter E	73	Maine Swim Club	3:40.00	3:47.44
	54.24	1:54.38 (1:00.14)	2:54.88 (1:00.50)	3:47.44 (52.56)	

Event 4 Women 50-54 200 Yard Breaststroke

1	Smith, Anne A	52	Maine Swim Club	3:40.50	3:33.51
	47.90	1:40.85 (52.95)	2:36.99 (56.14)	3:33.51 (56.52)	

Event 5 Men 30-34 200 Yard Butterfly

1	Nguyen, Son M	32	Maine Swim Club	2:59.00	2:54.33
	39.47	1:23.95 (44.48)	2:08.66 (44.71)	2:54.33 (45.67)	

Event 5 Men 50-54 200 Yard Butterfly

1	Roth, Douglas M	50	Maine Swim Club	3:03.65	3:15.33
	45.60	1:37.42 (51.82)	2:26.43 (49.01)	3:15.33 (48.90)	

Event 6 Women 18-24 50 Yard Butterfly

1	Cayer, Allie	23	Maine Swim Club	NT	34.56
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Event 6 Women 40-44 50 Yard Butterfly

1	Knight, Susan	41	Maine Swim Club	32.50	31.52
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MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****(Event 6 Women 40-44 50 Yard Butterfly)**

2	Cooney, Susan	42	Maine Swim Club	31.00	33.84
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Event 6 Women 50-54 50 Yard Butterfly

---	Estabrook, Mary B	50	Maine Swim Club	30.90	SCR
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Event 6 Women 75-79 50 Yard Butterfly

1	Edelbaum, Donna	78	Maine Swim Club	1:03.00	1:04.13
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Event 6 Men 25-29 50 Yard Butterfly

1	Szela, Phillip	26	Unattached	28.00	28.45
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Event 6 Men 30-34 50 Yard Butterfly

1	Hadam, Geoffrey M	31	Unattached	27.99	28.03
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Event 6 Men 70-74 50 Yard Butterfly

1	Jones II, William	74	Maine Swim Club	38.00	42.46
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Event 7 Women 35-39 100 Yard IM

1	Rushton, Sara	38	Unattached	NT	1:23.61
	39.29		1:23.61 (44.32)		

Event 7 Women 50-54 100 Yard IM

1	Smith, Anne A	52	Maine Swim Club	1:29.73	1:28.59
	41.25		1:28.59 (47.34)		

Event 7 Women 60-64 100 Yard IM

1	Rardin, Susan	62	Maine Swim Club	1:37.00	1:30.49
	44.04		1:30.49 (46.45)		
2	Panayotoff, Kristi	63	Maine Swim Club	1:49.00	1:44.97
	48.92		1:44.97 (56.05)		

Event 7 Women 75-79 100 Yard IM

---	Edelbaum, Donna	78	Maine Swim Club	2:15.00	SCR
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Event 7 Men 18-24 100 Yard IM

1	Beringer, Jonathan	19	Unattached	NT	1:13.09
---	Bernier, Jonathan	19	Unattached	NT	SCR

Event 7 Men 25-29 100 Yard IM

1	St Cyr, Benjamin	27	Maine Swim Club	1:10.00	1:06.20
	30.52		1:06.20 (35.68)		
2	Gray, Zachery	28	Unattached	1:07.10	1:06.25
	30.87		1:06.25 (35.38)		

Event 7 Men 35-39 100 Yard IM

1	Lecrone, Timothy J	39	Maine Swim Club	1:01.50	1:02.67
	29.54		1:02.67 (33.13)		
2	Trainor, Brendan	35	Maine Swim Club	1:15.00	1:17.14
	36.81		1:17.14 (40.33)		

Event 7 Men 45-49 100 Yard IM

1	Gibson, Alan	47	Unattached	NT	1:19.60
	38.54		1:19.60 (41.06)		
---	Goodhue, Greg	46	Unattached	1:30.00	DQ
	41.25		DQ (41.03)		

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 7 Men 55-59 100 Yard IM**

1	Darling, Drew	59	Maine Swim Club	1:25.00	1:21.87
	39.63	1:21.87	(42.24)		
---	Lowden, Reed	57	Unattached	NT	DQ
	39.82	DQ	(40.65)		

Event 7 Men 60-64 100 Yard IM

1	Redmon, Scott	61	Maine Swim Club	1:18.00	1:18.24
	37.34	1:18.24	(40.90)		

Event 7 Men 65-69 100 Yard IM

1	Swaim, John H	67	Maine Swim Club	1:39.00	1:41.89
	47.93	1:41.89	(53.96)		
2	Bangs, Glen	65	Maine Swim Club	1:46.44	1:53.16
	52.06	1:53.16	(1:01.10)		

Event 7 Men 70-74 100 Yard IM

1	Giustra, Frank X	74	Maine Swim Club	1:50.00	1:57.71
	56.62	1:57.71	(1:01.09)		

Event 8 Women 50-54 100 Yard Breaststroke

1	Bickenberg, Dee	50	Unattached	NT	1:40.42
	47.11	1:40.42	(53.31)		

Event 8 Men 18-24 100 Yard Breaststroke

1	Beringer, Jonathan	19	Unattached	NT	1:28.11
	41.44	1:28.11	(46.67)		
---	Bernier, Jonathan	19	Unattached	NT	SCR

Event 8 Men 30-34 100 Yard Breaststroke

1	Hadam, Geoffrey M	31	Unattached	1:14.39	1:11.76
	34.48	1:11.76	(37.28)		
2	Nguyen, Son M	32	Maine Swim Club	1:09.00	1:11.79
	34.44	1:11.79	(37.35)		

Event 8 Men 35-39 100 Yard Breaststroke

1	Sisson, Chad	38	Unattached	NT	1:31.36
	43.05	1:31.36	(48.31)		

Event 8 Men 40-44 100 Yard Breaststroke

1	Walton, David	44	Maine Swim Club	NT	1:34.49
	45.71	1:34.49	(48.78)		

Event 8 Men 45-49 100 Yard Breaststroke

---	Gardella, Randy L	45	Unattached	1:16.00	SCR
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Event 8 Men 55-59 100 Yard Breaststroke

1	Goodman, James B	58	Maine Swim Club	1:13.00	1:13.36
	34.16	1:13.36	(39.20)		

Event 8 Men 70-74 100 Yard Breaststroke

1	Giustra, Peter E	73	Maine Swim Club	1:42.00	1:49.52
	51.65	1:49.52	(57.87)		

Event 9 Women 35-39 25 Yard Freestyle

1	Friedman, Hadley	38	Unattached	NT	17.47
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Event 9 Women 55-59 25 Yard Freestyle

1	Shissler, Debra	57	Maine Swim Club	35.00	22.13
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MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 9 Men 25-29 25 Yard Freestyle**

*1	Szela, Phillip	26	Unattached	12.50	12.65
*1	Gray, Zachery	28	Unattached	12.90	12.65

Event 9 Men 40-44 25 Yard Freestyle

1	Knight, Kevin	40	Unattached	NT	16.31
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Event 9 Men 50-54 25 Yard Freestyle

1	McEachern, Steven	51	Maine Swim Club	NT	21.07
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Event 9 Men 65-69 25 Yard Freestyle

1	Bangs, Glen	65	Maine Swim Club	15.13	17.43
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Event 9 Men 80-84 25 Yard Freestyle

1	Reeve, William F	80	Maine Swim Club	28.00	23.45
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Event 10 Women 18-24 100 Yard Freestyle

1	Cayer, Allie	23	Maine Swim Club	NT	1:09.45
	34.01		1:09.45 (35.44)		

Event 10 Women 35-39 100 Yard Freestyle

1	Friedman, Hadley	38	Unattached	NT	1:30.51
	41.80		1:30.51 (48.71)		

Event 10 Women 40-44 100 Yard Freestyle

1	Cooney, Susan	42	Maine Swim Club	1:02.70	1:02.65
	30.37		1:02.65 (32.28)		

Event 10 Women 45-49 100 Yard Freestyle

1	Calvert, Beth A	47	Maine Swim Club	NT	1:41.36
	45.53		1:41.36 (55.83)		

Event 10 Women 50-54 100 Yard Freestyle

1	Smith, Anne A	52	Maine Swim Club	1:29.51	1:22.21
	40.07		1:22.21 (42.14)		

Event 10 Women 55-59 100 Yard Freestyle

1	Shissler, Debra	57	Maine Swim Club	2:00.00	1:45.09
	49.34		1:45.09 (55.75)		

Event 10 Women 60-64 100 Yard Freestyle

1	Rardin, Susan	62	Maine Swim Club	1:26.00	1:15.65
	35.95		1:15.65 (39.70)		

Event 10 Women 75-79 100 Yard Freestyle

1	Kamphausen, Ronnie	77	Maine Swim Club	1:31.00	1:29.05
	43.09		1:29.05 (45.96)		

Event 10 Men 25-29 100 Yard Freestyle

1	St Cyr, Benjamin	27	Maine Swim Club	58.00	1:00.48
	27.73		1:00.48 (32.75)		

Event 10 Men 45-49 100 Yard Freestyle

1	Gibson, Alan	47	Unattached	NT	1:08.68
	33.27		1:08.68 (35.41)		
---	Gardella, Randy L	45	Unattached	58.00	SCR

Event 10 Men 50-54 100 Yard Freestyle

1	Roth, Douglas M	50	Maine Swim Club	1:03.05	1:00.85
	29.79		1:00.85 (31.06)		

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 10 Men 60-64 100 Yard Freestyle**

1	Redmon, Scott	61	Maine Swim Club	1:04.00	1:05.24
	31.57		1:05.24 (33.67)		

Event 10 Men 70-74 100 Yard Freestyle

1	Giustra, Frank X	74	Maine Swim Club	1:20.00	1:22.31
	39.35		1:22.31 (42.96)		
2	Greg, Charlie	74	Unattached	1:47.00	1:36.28
	46.22		1:36.28 (50.06)		

Event 11 Men 55-59 200 Yard Backstroke

1	Darling, Drew	59	Maine Swim Club	3:00.00	3:00.48
	43.93		1:29.91 (45.98) 2:16.49 (46.58) 3:00.48 (43.99)		

Event 12 Women 60-64 200 Yard Breaststroke

1	Panayotoff, Kristi	63	Maine Swim Club	4:00.00	4:02.92
	54.14		1:56.76 (1:02.62) 3:01.13 (1:04.37) 4:02.92 (1:01.79)		

Event 13 Men 45-49 200 Yard Butterfly

---	Schmidt, Michael	49	Maine Swim Club	2:17.50	SCR
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Event 14 Men 25-29 25 Yard Breaststroke

1	Gray, Zachery	28	Unattached	14.10	17.60
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Event 15 Women 25-29 50 Yard Backstroke

1	Stanilova, Tsveta	26	Maine Swim Club	31.00	34.74
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Event 15 Women 35-39 50 Yard Backstroke

1	Rushton, Sara	38	Unattached	NT	40.27
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Event 15 Women 45-49 50 Yard Backstroke

1	Calvert, Beth A	47	Maine Swim Club	NT	56.12
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Event 15 Women 50-54 50 Yard Backstroke

1	Estabrook, Mary B	50	Maine Swim Club	35.00	37.06
2	Smith, Anne A	52	Maine Swim Club	42.95	43.63

Event 15 Women 75-79 50 Yard Backstroke

---	Edelbaum, Donna	78	Maine Swim Club	59.00	SCR
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Event 15 Men 18-24 50 Yard Backstroke

1	Beringer, Jonathan	19	Unattached	NT	35.61
---	Bernier, Jonathan	19	Unattached	NT	SCR

Event 15 Men 25-29 50 Yard Backstroke

1	Szela, Phillip	26	Unattached	28.00	29.45
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Event 15 Men 30-34 50 Yard Backstroke

1	Hadam, Geoffrey M	31	Unattached	27.59	28.48
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Event 15 Men 35-39 50 Yard Backstroke

1	Lecrone, Timothy J	39	Maine Swim Club	30.10	30.73
2	Trainor, Brendan	35	Maine Swim Club	35.00	38.78

Event 15 Men 60-64 50 Yard Backstroke

1	Redmon, Scott	61	Maine Swim Club	39.00	39.03
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Event 15 Men 65-69 50 Yard Backstroke

1	Bangs, Glen	65	Maine Swim Club	42.96	50.86
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MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 15 Men 70-74 50 Yard Backstroke**

1	Giustra, Peter E	73	Maine Swim Club	45.00	43.93
2	Jones II, William	74	Maine Swim Club	41.00	46.32

Event 15 Men 80-84 50 Yard Backstroke

1	Reeve, William F	80	Maine Swim Club	48.00	49.75
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Event 16 Women 18-24 50 Yard Breaststroke

---	Dorko, Allison J	24	Unattached	NT	SCR
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Event 16 Women 35-39 50 Yard Breaststroke

1	Rushton, Sara	38	Unattached	NT	44.93
2	Friedman, Hadley	38	Unattached	NT	53.67

Event 16 Men 18-24 50 Yard Breaststroke

1	Beringer, Jonathan	19	Unattached	NT	37.81
---	Bernier, Jonathan	19	Unattached	NT	SCR

Event 16 Men 35-39 50 Yard Breaststroke

1	Trainor, Brendan	35	Maine Swim Club	40.00	38.19
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Event 16 Men 40-44 50 Yard Breaststroke

1	Walton, David	44	Maine Swim Club	48.20	43.73
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Event 16 Men 45-49 50 Yard Breaststroke

1	Gibson, Alan	47	Unattached	NT	43.55
---	Gardella, Randy L	45	Unattached	34.00	SCR

Event 16 Men 55-59 50 Yard Breaststroke

1	Goodman, James B	58	Maine Swim Club	33.00	32.63
2	Lowden, Reed	57	Unattached	NT	35.63

Event 16 Men 65-69 50 Yard Breaststroke

1	Swaim, John H	67	Maine Swim Club	44.20	45.52
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Event 16 Men 70-74 50 Yard Breaststroke

---	Greg, Charlie	74	Unattached	1:10.00	DQ
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Event 17 Women 40-44 100 Yard Butterfly

1	Knight, Susan	41	Maine Swim Club	1:08.00	1:10.93
				33.10	1:10.93 (37.83)

Event 17 Women 75-79 100 Yard Butterfly

1	Edelbaum, Donna	78	Maine Swim Club	2:41.00	2:33.88
				1:15.74	2:33.88 (1:18.14)

Event 17 Men 45-49 100 Yard Butterfly

1	Pride, Douglas M	48	Maine Swim Club	57.00	56.53
				26.12	56.53 (30.41)

Event 17 Men 50-54 100 Yard Butterfly

1	Roth, Douglas M	50	Maine Swim Club	1:24.25	1:27.92
				42.36	1:27.92 (45.56)

Event 18 Women 18-24 200 Yard Freestyle

1	Dorko, Allison J	24	Unattached	2:29.00	2:24.51
				34.09	1:11.20 (37.11)
					1:48.48 (37.28)
					2:24.51 (36.03)

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 18 Women 40-44 200 Yard Freestyle**

1	Cooney, Susan	42	Maine Swim Club	2:14.00	2:14.74
	31.74	1:05.82 (34.08)	1:40.11 (34.29)	2:14.74 (34.63)	

Event 18 Women 50-54 200 Yard Freestyle

1	Bickenberg, Dee	50	Unattached	NT	2:53.76
	38.28	1:22.73 (44.45)	2:09.46 (46.73)	2:53.76 (44.30)	

Event 18 Women 55-59 200 Yard Freestyle

1	Shissler, Debra	57	Maine Swim Club	4:00.00	3:39.35
	49.62	1:44.07 (54.45)	2:41.88 (57.81)	3:39.35 (57.47)	

Event 18 Women 75-79 200 Yard Freestyle

1	Kamphausen, Ronnie	77	Maine Swim Club	3:15.00	3:16.73
	46.18	1:37.32 (51.14)	2:27.81 (50.49)	3:16.73 (48.92)	

Event 18 Men 55-59 200 Yard Freestyle

1	Ball, Steve	57	Maine Swim Club	NT	2:40.40
	34.94	1:58.58 (1:23.64)	2:40.40 (41.82)		

Event 18 Men 60-64 200 Yard Freestyle

1	Redmon, Scott	61	Maine Swim Club	2:24.00	2:24.05
	34.33	1:11.13 (36.80)	1:48.28 (37.15)	2:24.05 (35.77)	

Event 19 Women 50-54 200 Yard IM

1	Estabrook, Mary B	50	Maine Swim Club	2:45.00	2:47.68
	35.34	1:19.49 (44.15)	2:09.02 (49.53)	2:47.68 (38.66)	

Event 19 Women 60-64 200 Yard IM

1	Rardin, Susan	62	Maine Swim Club	3:14.00	3:31.44
	43.94	1:38.93 (54.99)	2:42.52 (1:03.59)	3:31.44 (48.92)	
2	Panayotoff, Kristi	63	Maine Swim Club	3:40.00	3:44.77
	49.18	1:45.28 (56.10)	2:48.28 (1:03.00)	3:44.77 (56.49)	

Event 19 Women 75-79 200 Yard IM

1	Edelbaum, Donna	78	Maine Swim Club	4:46.00	4:45.57
	1:14.79	2:25.75 (1:10.96)	3:43.65 (1:17.90)	4:45.57 (1:01.92)	

Event 19 Men 35-39 200 Yard IM

1	Trainor, Brendan	35	Maine Swim Club	2:30.00	2:49.50
	37.32	1:23.97 (46.65)	2:11.84 (47.87)	2:49.50 (37.66)	

Event 19 Men 55-59 200 Yard IM

1	Lowden, Reed	57	Unattached	NT	3:16.28
	40.06	1:30.31 (50.25)	2:22.69 (52.38)	3:16.28 (53.59)	

Event 20 Women 18-24 25 Yard Butterfly

1	Cayer, Allie	23	Maine Swim Club	NT	16.89
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Event 20 Women 40-44 25 Yard Butterfly

1	Knight, Susan	41	Maine Swim Club	16.50	15.26
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Event 20 Men 25-29 25 Yard Butterfly

1	St Cyr, Benjamin	27	Maine Swim Club	12.00	15.16
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Event 21 Women 25-29 100 Yard Backstroke

1	Stanilova, Tsveta	26	Maine Swim Club	1:17.00	1:13.50
	35.81	1:13.50 (37.69)			

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 21 Women 40-44 100 Yard Backstroke**

1	Cooney, Susan	42	Maine Swim Club	1:16.00	1:12.85
	36.17		1:12.85 (36.68)		

Event 21 Women 60-64 100 Yard Backstroke

1	Panayotoff, Kristi	63	Maine Swim Club	1:45.00	1:51.86
	55.05		1:51.86 (56.81)		

Event 21 Women 75-79 100 Yard Backstroke

---	Edelbaum, Donna	78	Maine Swim Club	2:10.00	SCR
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Event 21 Men 30-34 100 Yard Backstroke

1	Hadam, Geoffrey M	31	Unattached	1:02.59	1:03.64
	31.85		1:03.64 (31.79)		

Event 21 Men 35-39 100 Yard Backstroke

1	Lecrone, Timothy J	39	Maine Swim Club	1:05.10	1:07.41
	33.45		1:07.41 (33.96)		
2	Sisson, Chad	38	Unattached	NT	1:32.90

Event 21 Men 55-59 100 Yard Backstroke

1	Darling, Drew	59	Maine Swim Club	1:27.00	1:21.91
	40.37		1:21.91 (41.54)		

Event 22 Women 18-24 50 Yard Freestyle

1	Cayer, Allie	23	Maine Swim Club	NT	31.61
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Event 22 Women 25-29 50 Yard Freestyle

1	Stanilova, Tsveta	26	Maine Swim Club	28.50	30.06
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Event 22 Women 35-39 50 Yard Freestyle

1	Rushton, Sara	38	Unattached	NT	33.54
2	Friedman, Hadley	38	Unattached	NT	38.50

Event 22 Women 45-49 50 Yard Freestyle

1	Calvert, Beth A	47	Maine Swim Club	NT	45.10
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Event 22 Women 50-54 50 Yard Freestyle

1	Bickenberg, Dee	50	Unattached	35.00	34.68
2	Smith, Anne A	52	Maine Swim Club	36.25	36.37

Event 22 Women 55-59 50 Yard Freestyle

1	Shissler, Debra	57	Maine Swim Club	1:00.00	48.01
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Event 22 Women 60-64 50 Yard Freestyle

---	Rardin, Susan	62	Maine Swim Club	39.00	SCR
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Event 22 Men 18-24 50 Yard Freestyle

1	Beringer, Jonathan	19	Unattached	NT	28.54
---	Bernier, Jonathan	19	Unattached	NT	SCR

Event 22 Men 25-29 50 Yard Freestyle

1	Gray, Zachery	28	Unattached	25.30	25.30
2	St Cyr, Benjamin	27	Maine Swim Club	26.50	25.36
3	Szela, Phillip	26	Unattached	25.00	25.80

Event 22 Men 35-39 50 Yard Freestyle

---	Trainor, Brendan	35	Maine Swim Club	35.00	NS
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MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 22 Men 40-44 50 Yard Freestyle**

1	Knight, Kevin	40	Unattached	NT	33.50
2	Walton, David	44	Maine Swim Club	36.00	34.94

Event 22 Men 45-49 50 Yard Freestyle

1	Pride, Douglas M	48	Maine Swim Club	23.50	23.45
2	Gibson, Alan	47	Unattached	NT	30.00
---	Gardella, Randy L	45	Unattached	26.40	SCR

Event 22 Men 50-54 50 Yard Freestyle

1	McEachern, Steven	51	Maine Swim Club	NT	42.55
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Event 22 Men 55-59 50 Yard Freestyle

1	Goodman, James B	58	Maine Swim Club	29.00	26.57
2	Lowden, Reed	57	Unattached	NT	32.84

Event 22 Men 60-64 50 Yard Freestyle

1	Redmon, Scott	61	Maine Swim Club	28.50	29.23
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Event 22 Men 65-69 50 Yard Freestyle

1	Bangs, Glen	65	Maine Swim Club	33.17	36.59
2	Swaim, John H	67	Maine Swim Club	35.50	37.01

Event 22 Men 70-74 50 Yard Freestyle

1	Giustra, Peter E	73	Maine Swim Club	33.00	33.25
2	Giustra, Frank X	74	Maine Swim Club	36.00	35.66

Event 22 Men 80-84 50 Yard Freestyle

1	Reeve, William F	80	Maine Swim Club	42.00	44.52
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Event 23 Men 45-49 1000 Yard Freestyle

1	Goodhue, Greg	46	Unattached	16:00.00	15:19.09
	36.71	2:02.34 (1:25.63)	2:47.99 (45.65)	3:33.61 (45.62)	
	4:20.45 (46.84)	5:08.51 (48.06)	5:54.88 (46.37)		
	6:42.83 ()	7:30.49 (47.66)	8:18.13 (47.64)	9:05.82 (47.69)	
	9:53.65 (47.83)	10:41.31 (47.66)	11:28.95 (47.64)	12:16.44 (47.49)	
	13:04.21 (47.77)	13:51.00 (46.79)	14:37.54 (46.54)	15:19.09 (41.55)	
---	Schmidt, Michael	49	Maine Swim Club	11:15.00	SCR

Event 24 Women 18-24 1650 Yard Freestyle

1	Dorko, Allison J	24	Unattached	21:29.00	21:28.71
	34.71	1:13.29 (38.58)	1:52.44 (39.15)	2:31.96 (39.52)	
	3:11.77 (39.81)	3:51.64 (39.87)	4:31.34 (39.70)	5:11.17 (39.83)	
	5:50.96 (39.79)	6:30.47 (39.51)	7:10.59 (40.12)	7:49.86 (39.27)	
	8:29.29 (39.43)	9:09.03 (39.74)	9:48.48 (39.45)	10:28.25 (39.77)	
	11:07.73 (39.48)	11:46.96 (39.23)	12:26.21 (39.25)	13:04.70 (38.49)	
	13:43.23 (38.53)	14:22.86 (39.63)	15:01.55 (38.69)	15:40.32 (38.77)	
	16:18.95 (38.63)	16:57.80 (38.85)	17:37.34 (39.54)	18:16.64 (39.30)	
	18:55.38 (38.74)	19:33.63 (38.25)	20:11.98 (38.35)	20:50.51 (38.53)	21:28.71 (38.20)

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 24 Women 40-44 1650 Yard Freestyle**

1	Cooney, Susan	42	Maine Swim Club	22:00.00	20:42.72
	34.00	1:10.50 (36.50)	1:47.91 (37.41)	2:25.73 (37.82)	
	3:03.24 (37.51)	3:41.19 (37.95)	4:18.79 (37.60)	4:56.69 (37.90)	
	5:34.63 (37.94)	6:12.26 (37.63)	6:50.22 (37.96)	7:27.96 (37.74)	
	8:05.68 (37.72)	8:43.37 (37.69)	9:21.34 (37.97)	9:58.91 (37.57)	
	10:36.53 (37.62)	11:14.06 (37.53)	11:51.60 (37.54)	12:29.68 (38.08)	
	13:07.36 (37.68)	13:45.22 (37.86)	14:23.14 (37.92)	15:01.01 (37.87)	
	15:38.95 (37.94)	16:16.99 (38.04)	16:55.19 (38.20)	17:33.40 (38.21)	
	18:11.32 (37.92)	18:49.48 (38.16)	19:27.77 (38.29)	20:05.73 (37.96)	20:42.72 (36.99)

Event 24 Women 50-54 1650 Yard Freestyle

1	Estabrook, Mary B	50	Maine Swim Club	24:00.00	23:03.01
	35.29	1:55.80 (1:20.51)	2:36.88 (41.08)	3:19.27 (42.39)	
	4:01.31 (42.04)	4:43.85 (42.54)	5:26.29 (42.44)	6:08.82 (42.53)	
		6:51.36 ()	7:34.03 (42.67)	8:16.29 (42.26)	
	8:58.41 (42.12)	9:40.26 (41.85)	10:22.35 (42.09)	11:04.38 (42.03)	
	11:46.16 (41.78)	12:28.19 (42.03)	13:10.38 (42.19)	13:52.67 (42.29)	
	14:35.07 (42.40)	15:17.80 (42.73)	16:00.27 (42.47)	16:42.93 (42.66)	
	17:25.79 (42.86)	18:08.02 (42.23)	18:50.29 (42.27)	19:32.37 (42.08)	
	20:15.08 (42.71)	20:57.71 (42.63)	21:40.87 (43.16)	22:23.16 (42.29)	23:03.01 (39.85)

Event 24 Women 75-79 1650 Yard Freestyle

1	Kamphausen, Ronnie	77	Maine Swim Club	29:00.00	29:42.81
	48.12	1:39.05 (50.93)	2:31.29 (52.24)	3:23.91 (52.62)	
	4:17.35 (53.44)	5:10.76 (53.41)	6:04.42 (53.66)	6:58.15 (53.73)	
	7:51.88 (53.73)	8:46.51 (54.63)	9:41.34 (54.83)	10:35.64 (54.30)	
	11:30.75 (55.11)	12:25.55 (54.80)	13:19.33 (53.78)	14:13.55 (54.22)	
	15:07.31 (53.76)	15:59.97 (52.66)	16:54.11 (54.14)	17:47.69 (53.58)	
	18:42.14 (54.45)	19:37.42 (55.28)	20:32.29 (54.87)	21:27.80 (55.51)	
	22:22.82 (55.02)	23:17.95 (55.13)	24:13.68 (55.73)	25:09.97 (56.29)	
	26:05.60 (55.63)	27:01.21 (55.61)	27:56.26 (55.05)	28:51.43 (55.17)	29:42.81 (51.38)

Event 24 Men 50-54 1650 Yard Freestyle

1	Roth, Douglas M	50	Maine Swim Club	19:54.71	20:28.10
	34.34	1:11.59 (37.25)	1:49.48 (37.89)	2:27.35 (37.87)	
	3:05.05 (37.70)	3:42.86 (37.81)	4:20.38 (37.52)	4:58.06 (37.68)	
	5:35.72 (37.66)	6:13.34 (37.62)	6:50.80 (37.46)	7:28.29 (37.49)	
	8:05.40 (37.11)	8:42.82 (37.42)	9:20.12 (37.30)	9:57.32 (37.20)	
	10:34.70 (37.38)	11:11.75 (37.05)	11:49.02 (37.27)	12:26.29 (37.27)	
	13:04.07 (37.78)	13:41.12 (37.05)	14:18.53 (37.41)	14:55.65 (37.12)	
	15:32.90 (37.25)	16:09.95 (37.05)	16:47.38 (37.43)	17:24.40 (37.02)	
	18:01.76 (37.36)	18:39.35 (37.59)	19:16.15 (36.80)	19:52.70 (36.55)	20:28.10 (35.40)

Event 24 Men 55-59 1650 Yard Freestyle

1	Darling, Drew	59	Maine Swim Club	25:00.00	23:56.44
	39.13	1:22.68 (43.55)	2:07.12 (44.44)	2:51.87 (44.75)	
	3:36.81 (44.94)	4:22.29 (45.48)	5:07.59 (45.30)	5:52.89 (45.30)	
	6:37.90 (45.01)	7:22.90 (45.00)	8:07.78 (44.88)	8:52.22 (44.44)	
	9:36.10 (43.88)	10:20.90 (44.80)	11:05.44 (44.54)	11:49.38 (43.94)	
	12:33.25 (43.87)	13:17.61 (44.36)	14:01.79 (44.18)	14:45.13 (43.34)	
	15:28.33 (43.20)	16:11.83 (43.50)	16:55.05 (43.22)	17:37.90 (42.85)	
	18:20.69 (42.79)	19:03.65 (42.96)	19:45.93 (42.28)	20:28.13 (42.20)	
	21:09.64 (41.51)	21:51.39 (41.75)	22:33.81 (42.42)	23:16.08 (42.27)	23:56.44 (40.36)

MESC Mid-Maine Winter Warm-Up - 2012 - 1/8/2012**Results****Event 24 Men 70-74 1650 Yard Freestyle**

1	Jones II, William	74	Maine Swim Club	30:00.00	31:04.97
	46.89	1:40.02 (53.13)	2:37.72 (57.70)	3:35.47 (57.75)	
	4:34.31 (58.84)	5:28.98 (54.67)	6:26.60 (57.62)	7:24.19 (57.59)	
	8:21.06 (56.87)	9:20.18 (59.12)	10:17.64 (57.46)	11:14.97 (57.33)	
	12:12.85 (57.88)	13:10.02 (57.17)	14:07.04 (57.02)	15:03.68 (56.64)	
	15:59.93 (56.25)	16:57.15 (57.22)	17:56.17 (59.02)	18:54.22 (58.05)	
	19:52.51 (58.29)	20:49.07 (56.56)	21:46.83 (57.76)	22:44.96 (58.13)	
	23:42.80 (57.84)	24:39.83 (57.03)	25:36.77 (56.94)	26:32.19 (55.42)	
	27:29.25 (57.06)	28:25.13 (55.88)	29:19.73 (54.60)	30:14.19 (54.46)	31:04.97 (50.78)